

# Core Food List



<p>Custard/Rice Pudding            Chocolate bars / sweets            Small packs tea bags            Angel delight            Quick rice            Tinned meat meals            Quick pasta            Cook in sauces non-tomato            Toothpaste/Toothbrushes            Kid's healthy snacks (raisins, nuts)            Stock cubes/Gravy granules            Steamed puddings            Hot chocolate/Horlicks            Quick porridge            Lasagne Sheets            Dry cat food</p>	<p>Tinned cold meat            Tinned Chicken Meat Meals            Coffee (small)            Tinned Spaghetti            Small jelly/fruit pots            Hotdogs            Crisps            Jellies            Savoury Crackers            Tinned Fruit            Vegetarian meal options e.g. macaroni cheese            Cereal            Tinned peas or carrots            Tuna/other fish            Fruit juice (cartons)            Toilet rolls / kitchen rolls            Soap bars            Men's deodorant</p>	<p>Tinned sweet corn            Antiseptic wipes            Tomato sauce/brown sauce            Shampoo (unisex)            Shower gel (unisex)            Jam/peanut butter/marmite            Fray Bentos pies            Family size swiss roll (Molly's)            Cereal bars            Packet sauces            Liquid soap            Evaporated Milk            Pot Noodles/quick noodles            Baked beans            Tinned soup            Soft drinks/squash            Biscuits            Cuppa soup            Women's deodorant</p>
<p><b>Things we already have enough of:-</b></p>		
<p>Gluten free items            Washing up liquid            Laundry powder/liquid            Sugar            Cook in sauces (tomato)            Tea</p>	<p>Pasta            Tinned Tomatoes            Tinned Beans and Pulses            Rice            Tinned potatoes/mash            Dog Food / Cat Food pouches</p>	<p>Feminine Hygiene products            Nappies (all sizes)            Baby wash            Baby wipes            Tissues</p>