



It's NOËLvember!

(22 items in 22 days)

Would you be able to help the Hound Basics Food Bank this year by supporting the families we have fed throughout 2022 by collecting items to make a Christmas box of treats?

We've been overwhelmed by the generosity of our community in recent years, and so with more families than ever needing help this Christmas, we are running 'Noëlvember' again!

To take part all you need to do is follow these steps:

1. Grab a box!
2. From 1st to 22nd November add one item per day (this could be something from our core foods list or something Christmassy!) We have created an example calendar which can be downloaded from our Facebook page or website or feel free to make up your own!
3. Simply drop your box of goodies into our premises at The Haven, 30 Queens View on the following days:
 - Monday 28th November (between 6pm-8pm)
 - Tuesday 29th November (between 10:30-2pm)
 - Wednesday 1st December (between 10:30-2pm)

(If you would like us to collect your Christmas box, please message us to arrange this using the details below.)

The core food items will really help to restore our reserves, and we will be delivering the Christmas Boxes in December to our families who are really struggling at this time - we know these are really appreciated and make a big difference.

You can download the Reverse Advent Calendar, our Core Food List, and this notice, from our website at the following link: <https://houndbasics.org.uk/noelvember.php>

Thank you for your ongoing support!

The Hound Basics Team

| **Address:-** The Haven, 30 Queens View, Netley Abbey, SO31 5EA |
| **Open Hours:-** Tuesdays & Thursdays 10.30am to 2pm |
| **Contact details:-** Phone 07485 007800 or email [hound basics@netleycf.org.uk](mailto:basics@netleycf.org.uk) |
| **Facebook:-** www.facebook.com/houndbasics **Website:-** www.houndbasics.org.uk |