## NOËLvember

## The <u>Reverse</u> Advent Calendar 22 items in 22 days

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fruit squash or long-life juice	2 Tinned rice pudding or custard	3 Shampoo (unisex)	4 Tinned fish	5 Cereal bars or savoury crackers
6 Quick rice or quick pasta	7 Something Christmassy!	8 Tinned vegetables	9 Jam or marmite or peanut butter	10 Tinned meat meal (chicken based)	11 Shower gel (unisex)	12 Noodles or pot noodles
13 Tinned fruit or evaporated milk	14 Something Christmassy!	15 Tinned cold meat or Fray Bentos pie	16 Jelly pots or angel delight	17 Men or women's deodorant	18 Coffee or hot chocolate	19 Tinned hotdogs
20 Crisps or biscuits	21 Something Christmassy!	22 Fleece blanket or hot water bottle	Drop off at The Haven on the following days Monday 28 <sup>th</sup> November, 6pm-8pm Tuesday 29 <sup>th</sup> November, 10:30-2pm Thursday 1 <sup>st</sup> December, 10:30-2pm			

You can download this calendar to print (or keep handy on your phone) by visiting Facebook: <u>https://www.facebook.com/houndbasics</u> OR by visiting this link: <u>https://houndbasics.org.uk/noelvember.php</u>

Hound Basics Food Bank